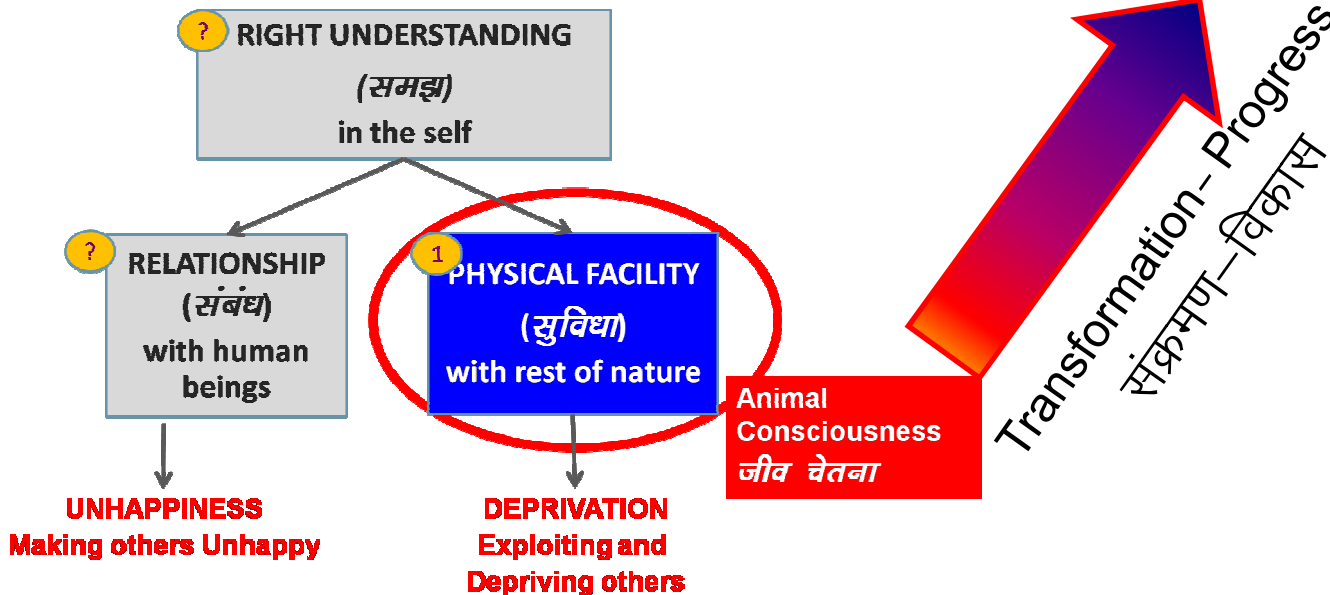
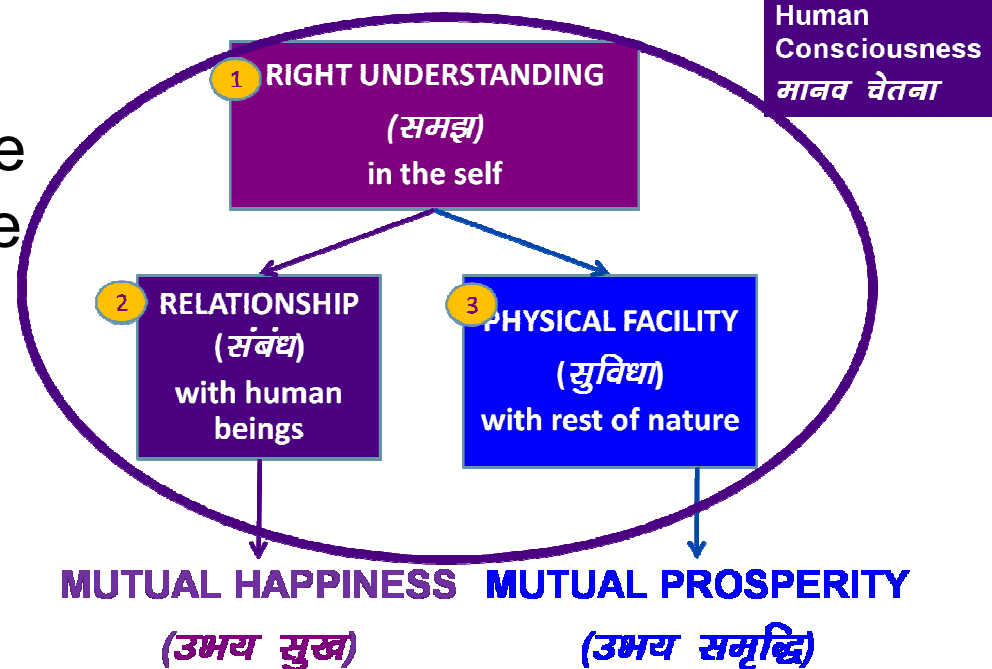


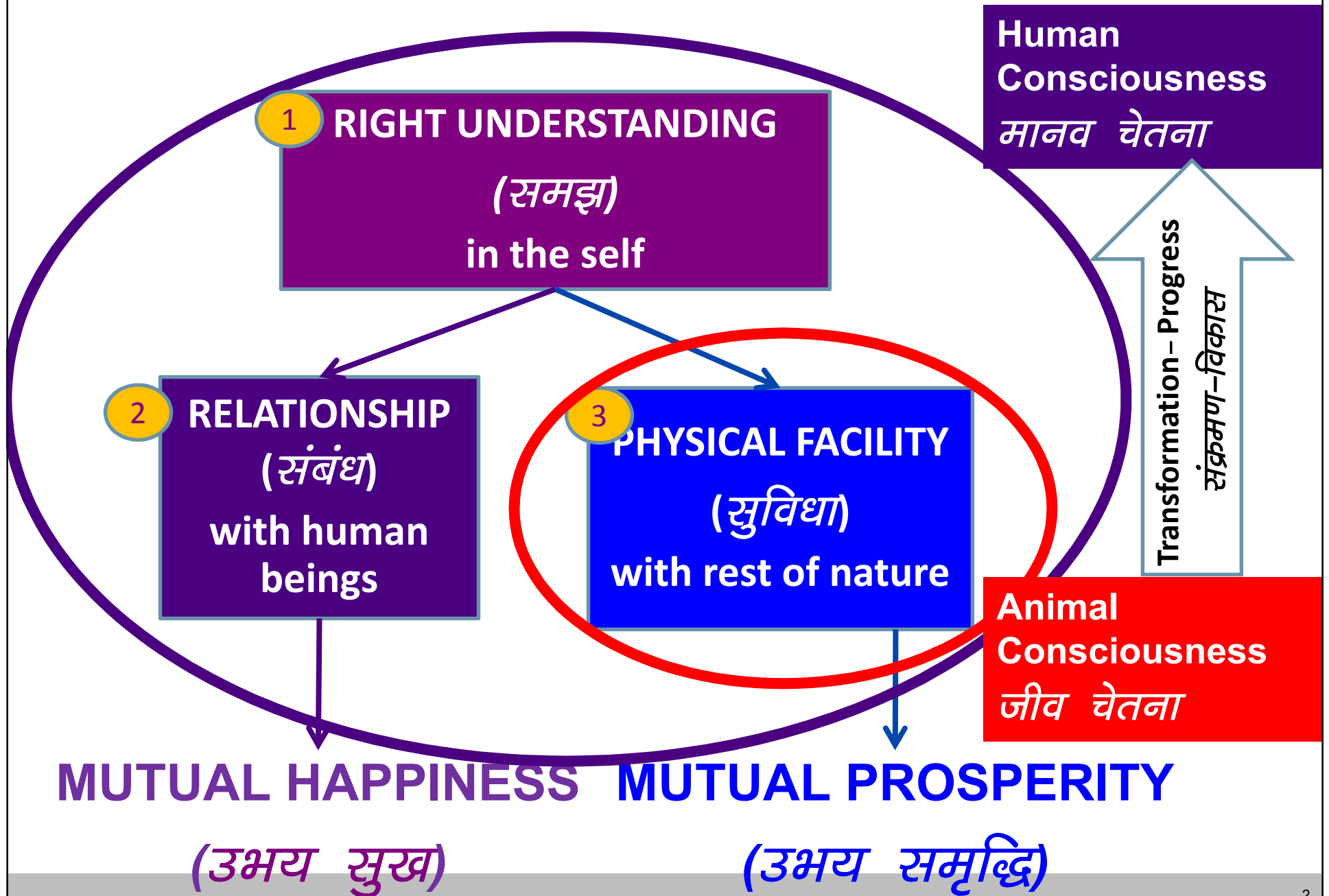
Role of Education-Sanskar: Enable Transformation

The role of education is to facilitate the development of the competence to live with Definite Human Conduct

शिक्षा की भूमिका मानव में निश्चित मानवीय आचरण से जीने की योग्यता विकसित करना है।



Role of Education-Sanskar: Enable Transformation



Human Consciousness Leading to Universal Human Order

Human
Consciousness
मानव चेतना

1 **RIGHT UNDERSTANDING**
in the Self
– Understanding Harmony
in Individual, Family,
Society, Nature/Existence

2 **JUSTICE in**
RELATIONSHIP
with Human
Being
- from Family to
World Family

3 **PARTICIPATION in**
LARGER ORDER
with Nature
- From Family
Order to World
Family Order

MUTUAL HAPPINESS **FULFILMENT of HUMAN GOAL**
UNDIVIDED SOCIETY **UNIVERSAL HUMAN ORDER**

Self-exploration, Self-investigation

1. Content of Self Exploration:

a. Desire (चाहना) - Aim, Purpose – Happiness, Prosperity → Continuity

b. Program (करना) – Process of achieving the desire

Happiness = To be in Harmony



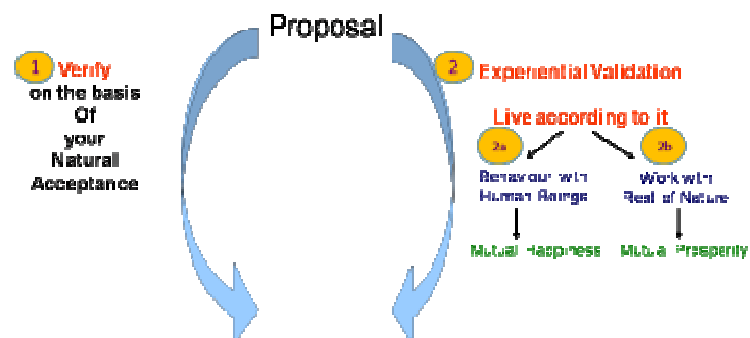
To understand Harmony & to live in harmony at all 4 levels:

1. Harmony in the Individual
2. Harmony in Family
3. Harmony in Society
4. Harmony in Nature/Existence

2. Process of Self Exploration

Self-verification

Whatever is said is a Proposal (Do not accept it to be true)
Verify it on your own right



Happiness

The state or situation, in which I live,
if there is harmony / synergy in it,
then it is Naturally Acceptable to me to be in that state / situation

To be in a state / situation which is Naturally Acceptable is Happiness



To be in in a state of Harmony / Synergy is Happiness



Happiness = To be in Harmony

Unhappiness

The state or situation, in which I live,
if there is **disharmony / contradiction** in it,
then it is **not Naturally Acceptable** to me to be in that state / situation

To be forced to be in a state / situation which is not Naturally Acceptable is **Unhappiness**



To be forced to be in a state of **Disharmony / Contradiction** is **Unhappiness**

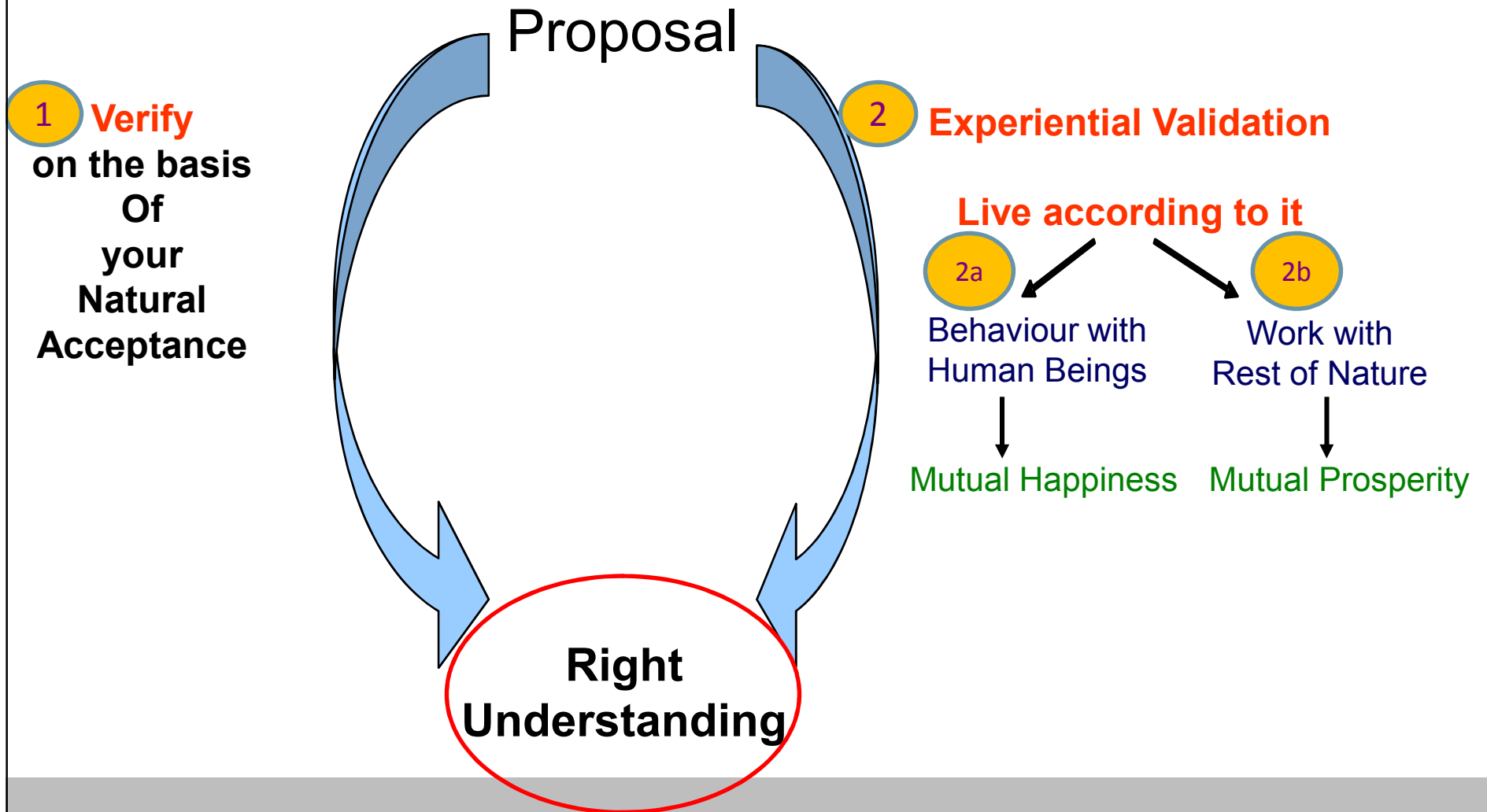


Unhappiness = Disharmony

Process of Self-verification

Whatever is said is a **Proposal** (**Do not accept it to be true**)

Verify it on your own right



Scope of this Workshop

Knowing your Natural Acceptance
What you really want to be (INTENTION)

स्वत्व



Living in accordance with your Natural Acceptance
Living in harmony within

स्वतंत्रता

- behaviour with human being → mutual happiness
- work with rest of nature → mutual prosperity



Living in harmony with entire existence

स्वराज्य

- Justice with human being – family to world family
→ **undivided society**
- Harmony with nature – family order to world family order
→ **universal human order**

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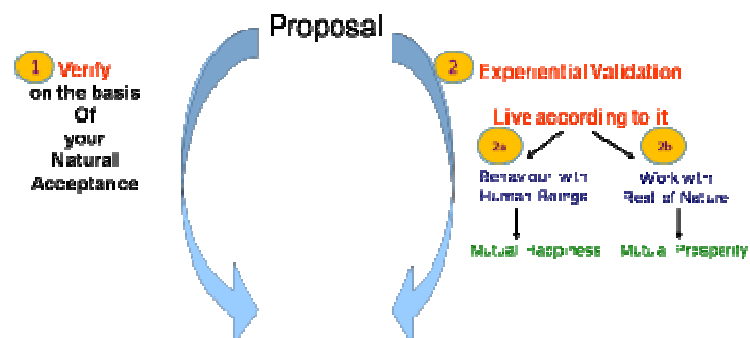
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Human Being मानव		Self (I) मैं	← Co-existence सहअस्तित्व →	Body शरीर
Need आवश्यकता	Happiness (e.g. Respect) सुख (जैसे सम्मान)	Physical Facility (e.g. Food) सुविधा (जैसे भोजन)		
In Time काल में	Continuous निरन्तर	Temporary सामयिक		
In Quantity मात्रा में	Qualitative (is Feeling) गुणात्मक (भाव है)	Quantitative (Required in Limited Quantity) मात्रात्मक (सीमित मात्रा में)		
Fulfilled By पूर्ति के लिए	Right Understanding & Right Feeling सही समझ, सही भाव	Physio-chemical Things भौतिक-रासायनिक वस्तु		
Activity क्रिया	Desire, Thought, Expectation... इच्छा, विचार, आशा...	Eating, Walking... खाना, चलना...		
In Time काल में	Continuous निरन्तर	Temporary सामयिक		
Response	Knowing, Assuming, Recognising, Fulfilling जानना, मानना, पहचानना, निर्वाह करना	Recognising, Fulfilling पहचानना, निर्वाह करना		
		Consciousness चैतन्य		Material जड



Activities of Self (I) में की क्रियायें

	Force / Power बल / शक्ति	Activity क्रिया	
	1.		Self verification on the basis of Natural Acceptance INTENTION Swatantrata स्वतंत्रता ✓
Preconditioning 1	2.		
मान्यता	3. Desire इच्छा	Imaging चित्रण	
Partantrata परतंत्रता X	4. Thought विचार	Analysing विश्लेषण	
	5. Expectation आशा	Selecting/Tasting चयन / आस्वादन	
Body शरीर	Behaviour व्यवहार	Work कार्य	2 Sensation संवेदना Partantrata परतंत्रता X

Harmony with the Body

Self (I)

Body

INFORMATION

Instruction

Sensation

Body is an instrument of the Self (I)

Consciousness

Needs & Activities are Continuous in Time

Knowing, Assuming, Recognizing, Fulfilling

Material

Temporary

Recognizing, Fulfilling

Sanyam

Feeling of responsibility for

Nurturing, Protection and Right Utilization of the Body

↓ Food... ↓ Clothes, Shelter... ↓ Instruments...

↓ Limited, ↓ Limited, ↓ Limited quantity

Physical Facility is required in a limited quantity

Health

1. Body acts according to I
2. Parts of the body are in harmony (in order)

Prosperity (समृद्धि)

Prosperity – The feeling of having more than required Physical Facility

2

1

समृद्धि – आवश्यक सुविधा से अधिक की उपलब्धि / उत्पादन का भाव

1

2

1 – Identification of required physical facility (including the required quantity)
– with right understanding

आवश्यक सुविधा का निर्धारण – सही समझ से

2 – Ensuring availability/ production of more than required physical facility
– with right skills

अधिक की उपलब्धि / उत्पादन, भौतिक रासायनिक वस्तुओं का – सही हुनर से

A prosperous person thinks of right utilisation, nurturing the other

“ deprived “ “ “ accumulation, exploiting “ “

समृद्ध व्यक्ति सदुपयोग का, दूसरे का पोषण करने का सोचता है

दरिद्र “ संग्रह “ “ “ शोषण “ “ “ “

Harmony in the Family

**Understanding Relationship
– Trust**

Self-exploration, Self-investigation, Self-study

1. Content of Self Exploration:

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b. Program (करना) – Process of achieving the desire, action

Happiness = To be in Harmony

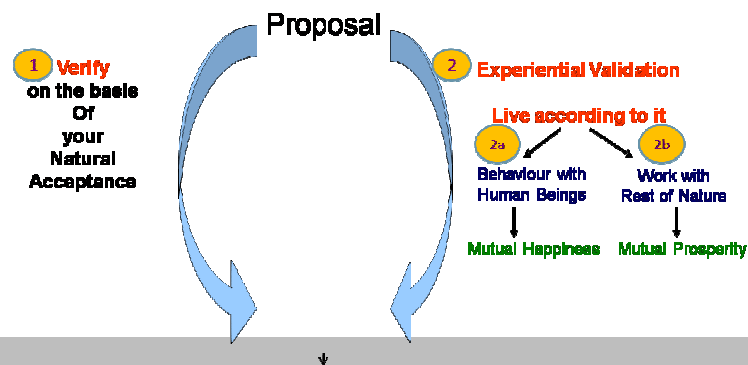


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- 2. Harmony in the Family**
3. Harmony in the Society
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2. Process of Self Exploration Self-verification

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Harmony in the Family

1. Relationship is – between one self (I_1) and other self (I_2)
2. There are feelings in relationship – in one self (I_1) for other self (I_2)
3. These feelings can be recognized – they are definite (9 Feelings)
4. Their fulfilment, evaluation leads to mutual happiness

Feelings in relationship:

- | | |
|-----------------------------------|------------------------------|
| 1. Trust विश्वास FOUNDATION VALUE | 6. Reverence श्रद्धा |
| 2. Respect सम्मान | 7. Glory गौरव |
| 3. Affection स्नेह | 8. Gratitude कृतज्ञता |
| 4. Care ममता | 9. Love प्रेम COMPLETE VALUE |
| 5. Guidance वात्सल्य | |

Are these feelings Naturally Acceptable to You?

When you live with these feelings, does it lead to your happiness?

When you express these feelings to the other, does it lead to the happiness of the other?

Trust (विश्वास)

Trust = to be assured (आश्वस्त होना)

= to have the clarity that the other wants to make me
happy & prosperous

= दूसरा मेरे सुख, समृद्धि के अर्थ में है, ऐसा स्पष्ट होना

In any situation, I evaluate

Is the other standing with me (TRUST)? or away from me (NOT TRUST)?

is the other going to help me? or is he just judging/condemning me?

Is the other going to be there when I try? or is he just giving "ideas" for me to try on my own?

Evaluating Trust – Between 2 Individuals

About your Natural Acceptance

1a. I **want to** make myself happy ✓

2a. I **want to** make the other happy ✓

3a. The other **wants to** make herself/himself happy ✓

4a. The other **wants to** make me happy ?

Intention – Natural Acceptance

What is Naturally Acceptable to You

About your Ability

1b. I **am able to** make myself always happy ?

2b. I **am able to** make the other always happy ?

3b. The other **is able to** make herself/himself always happy ?

4b. The other **is able to** make me always happy ??

Competence

What You Are ($\sum D, T, E$)

4a. My evaluation of others'
intention

1b. Has to do with my competence

If I have done some HW on my
competence, then:

a) I won't be looking for others to
make me happy

b) I will make effort for the
happiness of others

About the Other

The other broke a glass
He always comes late to class

If the other makes a mistake even once...

- I doubt his intention, I don't ask "why", "how"... I jump to the conclusion "he makes mistakes intentionally"
- I condemn the other, reinforce "The other is bad"
- I get irritated, angry... have a feeling of opposition...
- I conclude the other does not want to improve his competence

About Myself

The glass broke by accident
I became late to class

Even if I make the same mistake 100 times...

- I never doubt my intention
- I reinforce "I am good"
- I make mistakes by accident
- I do not make effort to improve my own competence

Doubt on intention is a major reason for problems in relationships

About the Other

The glass broke by accident
He became late to class

Even if the other makes the same
mistake 100 times...

- **The other is like me**, I am clear about his intention
- I know the mistake is due to lack of competence, not a lack of intention
- If I have more competence, I help the other to improve his competence
- I know “he may have difficulty understanding... and I may have difficulty explaining...”

About Myself

The glass broke by accident
I became late to class

When I make a mistake even
once...

- I am clear about my intention
- I know the mistake is due to lack of competence, not a lack of intention
- I make effort to improve my own competence (understanding, feeling & skill)

Trust on intention is the starting point for mutual development

Trust

Trust on Intention = To be Assured

= to have the clarity that the other wants to make me happy & prosperous

= दूसरा मेरे सुख, समृद्धि के अर्थ में है, ऐसा स्पष्ट होना

When there is Trust on Intention, you feel related to the other

Absence of Trust on Intention

= lack of assurance that the other intends my happiness & prosperity

Lack of Trust on Intention leads to Doubt, Fear, Opposition...

4a. **The other wants to make me happy**

? → ✓

Natural Acceptance, ie Intention

What we really want to be

4b. The other is able to make me always happy

??

Competence

What we are

How many persons do you have trust on intention

- continuous, unconditional (never having a feeling of opposition, getting irritated or angry)
- in case the other is lacking in competence, you have a feeling of responsibility to improve his competence?

आपका कितने लोगों के चाहना के प्रति विश्वास है!

– जिनके प्रति खीज, चिढ़ नहीं आती

क्रोध " "

विरोध का भाव ' "

– जिनकी योग्यता के अभाव को पूरा करने में सहयोग करते हैं

Is increase in this number progress or decrease in this number progress?

इनकी संख्या का बढ़ना विकास है या घटना !

Check within yourself

If you have unconditional, continuous trust on intention (natural acceptance) of the other and if the other is lacking competence, what will you do:

- a) Try to improve his competence } If Trust on Intention
- b) Get irritated } If Doubt on Intention
- c) Get angry }
- d) Have a feeling of opposition }

How many persons do you have trust on intention (natural acceptance) – unconditional, continuous?

This is fundamental. Trust on intention is the foundation of relationship
You can get an idea of the state of your understanding about relationship from this... and make a program accordingly

Trust on Intention is

To be assured that the other wants to make me happy & prosperous

In making the program of interaction, one would evaluate one's own competence* as well as the competence* of the other.

If the evaluation of the competence is right, the program is likely to succeed.

If the program is unsuccessful, one would re-evaluate the competence of both and try to improve it, rather than blaming, getting irritated etc.

Trust on Competence would be

To be assured that the other wants to make me happy and prosperous

AND

That the other has the competence* to make me happy and prosperous

* Competence = Understanding, Feeling & Skill

If one has such an assumption or expectation, he may be disappointed, as the other may or may not have the necessary competence

Sum Up

Trust is to have the clarity that the other wants to make me happy & prosperous

If I have trust on intention, I feel related to the other. I make a program with the other based on right evaluation of our mutual competence

In case the other is lacking in competence:

- I make effort to assure the other
- I make effort to improve his competence once he is assured in relationship (and not before that)

If I lack competence, I become ready to take help from the other to improve my competence

If I do not have trust on intention

- I evaluate myself on the basis of my intention and others on the basis of their competence (seldom evaluating my competence and others' intention)
- I have a feeling of opposition with the other which shows up as irritation or anger (and it further leads to fighting, struggle and war)